

## **Curriculum Vitae 5/2018**

James Alden Armontrout, MD

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### **Education and Postdoctoral Training:**

- 2007 BA Psychology with High Honors, University of Virginia
- 2012 MD, University of Virginia
- 2012-16 Resident, Harvard Longwood Psychiatry Residency Program
- 2012-16 Clinical Fellow, Harvard Medical School
- 2015-16 Co-Chief Resident of Outpatient Psychiatry, Beth Israel Deaconess Medical Center
- 2016-17 Forensic Psychiatry Fellow, University of California, San Francisco

### **Employment:**

- 2017- Staff Psychiatrist, Menlo Park Trauma Recovery Program, Palo Alto VA Health Care System
- 2017- Private practice in forensic psychiatry

### **Memberships:**

- 2005- Psi Chi, International Honor Society of Psychology
- 2012- American Medical Association
- 2012- American Psychiatric Association
- 2012-2016 Massachusetts Medical Society
- 2015- American Academy of Psychiatry and the Law

### **Certifications and Licensure:**

- 2012-16 Massachusetts Limited License #251424
- 2016- California Medical License #A138817
- 2016- Board Certified in Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted September 22, 2016

2017- Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted October 11, 2017

**Teaching Experience:**

2005-2008 Research Assistant, Kubovy Perceptual Psychology Lab, Trained Incoming RAs

2007 Kaplan MCAT Prep Course Instructor, All Subjects

2009 "Adventures in Medicine" Summer Immersion Course Instructor, Kayenta, Navajo Nation

2012-16 Instructed Harvard Medical Students completing clerkship rotations in psychiatry

2015-16 Co-Chief Resident of Outpatient Psychiatry, assisted in instruction of second through fourth year psychiatry residents in psychotherapy, patient assessment and management, and clinic administration

2016-17 Instructed University of California, San Francisco medical students completing an advanced elective rotation in forensic psychiatry

2017- Instruct and supervise Stanford medical students and residents, as well as visiting medical students, completing rotations at the Menlo Park Trauma Recovery Program

**Work Experience Prior to Graduation:**

2004 Tuition Painters Branch Manager  
Started and ran a branch of a painting company selling and producing near \$30,000 in painting contracts

2005-08 Research Assistant, Kubovy Perceptual Psychology Lab, UVa  
Designed studies, trained RAs, interpreted data, performed literature reviews, helped prepare grants.

2009 Kayenta Clinic, Indian Health Service  
Taught "adventures in medicine" course to high school students in the Navajo Nation to encourage interest in science and medicine. Completed quality improvement research within the clinic.

**Selected Awards:**

2007 University of Virginia 2006-2007 Department of Psychology Undergraduate Research Excellence Award

2017 2017 Young Investigator Prize, American Academy of Psychiatry and the Law

**Other relevant skills and training:**

2012	Assisted in research on stages of change and coping behaviour use at UVa's Center for Addiction Research and Education
2012	Creative writing with short fiction published in UVa's 2012 Veritas magazine
2012-	Experience working in multidisciplinary teams comprised of physicians, psychologists, nurse practitioners, nursing staff, social work and support staff across multiple settings
2013-2016	Training in psychodynamic psychotherapy, cognitive behavioral therapy, and acceptance and commitment therapy. Have both completed cases under supervision as a psychiatry resident and offered supervision as a chief resident in each modality
2014	Completed suboxone training to qualify for X-waiver 12/17/14
2015	Clozapine REMS enrolment
2015-2016	Training in administration of electroconvulsive therapy
2017	Training in Cognitive Processing Therapy for PTSD through the department of Veteran's Affairs

#### Peer Reviewed Publications:

1. Visual determinants of a cross-modal illusion. James A. Armontrout, Michael Schutz and Michael Kubovy. *Attention, Perception, & Psychophysics*, 2009, Volume 71, Number 7, Pages 1618-1627
2. Life or Limb: Family as Decision Makers for a Psychotic Patient with Life-Threatening Gangrene. James A. Armontrout, Sejal B. Shah. *Psychosomatics* 2015:56:691-695
3. Do Consultation Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Health Care Lawyers Differ in Opinion on Gray Area Decision-Making Capacity Cases? A Vignette-Based Survey. James A. Armontrout, David Gitlin, Thomas G Gutheil. *Psychosomatics*. 57(5), 472-479
4. Mobile Mental Health: Navigating New Rules and Regulations for Digital Tools. James Armontrout, John Torous, Matthew Fisher, Eric Drogin & Thomas Gutheil. *Current Psychiatry Reports* 2016:18:9
5. A Resident Perspective on the Goldwater Rule. James A. Armontrout, Sagar Vijapura. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 249-252.
6. Accepted for publication: Current Regulation of Mobile Mental Health Applications. James A. Armontrout, John Torous, Marsha Cohen, Dale McNeil, & Renee Binder. *The Journal of the American Academy of Psychiatry and the Law*

#### Textbook Chapter:

1. Record Keeping in Private Practice. Eric Drogin, James A. Armontrout. Handbook of Private Practice, Oxford University Pres, April 21, 2017.

**Poster and other Presentations:**

1. Is there a link between ADHD and sleep disorders? A review of comorbidity at The Lynchburg Family Practice Residency. Lynchburg, VA, August 2006
2. Kayenta Quality Improvement Questionnaire. James A. Armontrout and Benjamin Kaufman. Kayenta, AZ, July 30, 2009.
3. Do Consult Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Healthcare Lawyers Differ in Opinion on Grey Area Decision Making Capacity Cases? A Vignette-Based Survey. James A Armontrout, David Gitlin, Thomas G Gutheil. Myself Research Day Poster Session, Harvard Medical School, March 23, 2016
4. When is a smartphone a regulated medical device? Exploring the boundaries with mental health apps. James A Armontrout, John Torous, Marsha Cohen, Dale McNeil, Renee Binder. 2017 Conference of the American Academy of Psychiatry and the Law, Denver, CO.

**Other Professional Publications:**

1. Government Management of Accompanied Minors Held in the Custody of Immigration Authorities. James A. Armontrout and John R. Chamberlain. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 269-271