

James Alden Armontrout, MD

**Academic Appointments:**

- 2024- Clinical Associate Professor of Psychiatry, Stanford School of Medicine
- 2023- Program Director, Stanford Forensic Psychiatry Fellowship
- 2022-2024 Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
- 2019-2022 Clinical Assistant Professor of Psychiatry (Affiliated), Stanford School of Medicine

**Employment:**

- 2024- Clinical Associate Professor of Psychiatry, Stanford School of Medicine
- 2022-2024 Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
- 2020-2022 Medical Director, Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2017-2020 Staff Psychiatrist, Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2017- Private practice in Forensic Psychiatry

**Education and Postdoctoral Training:**

- 2016-2017 Forensic Psychiatry Fellow, University of California, San Francisco
- 2015-2016 Co-Chief Resident of Outpatient Psychiatry, Beth Israel Deaconess Medical Center
- 2012-2016 Clinical Fellow, Harvard Medical School
- 2012-2016 Resident, Harvard Longwood Psychiatry Residency Program
- 2008-2012 MD, University of Virginia
- 2003-2007 BA Psychology with High Honors, University of Virginia

### **Certifications and Licensure:**

- 2023- Florida Medical License #ME163826 (full medical license; previously held expert witness license MEEW8210)
- 2023- Virginia Medical License #0101278442
- 2023- Mississippi Medical License #32002
- 2022- Board Certified in Addiction Medicine, American Board of Preventive Medicine, Initial Certification Granted January 1, 2022
- 2017- Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted October 11, 2017
- 2016- Board Certified in Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted September 22, 2016
- 2016- California Medical License #A138817
- 2012 – 2016 Massachusetts Limited License #251424

### **Additional Administrative and Leadership Experiences:**

- 2024- Discuss and advise about forensic psychiatric and psychological evaluations with Stanford faculty, including faculty taking or considering cases via the department's Program in Psychiatry and the Law
- 2023- Lead negotiations for a Stanford / Department of State Hospitals rotation and contract, created a Department of State Hospitals selective as the Stanford Forensic Psychiatry Fellowship Director
- 2023- Work with the Statewide Chief Psychiatrist for the California Department of Corrections overseeing forensic psychiatry fellow rotations at San Quentin and the California Medical Facility (Stanford Forensic Psychiatry Fellowship Program Director Role)
- 2023- Coordinate with referral sources in San Francisco and other counties (both local and in Southern California) to develop a private case panel rotation for the forensic psychiatry fellows (Stanford Forensic Psychiatry Fellowship Program Director Role)
- 2023- Formed a new Sexually Violent Predators Clinic rotation based in San Francisco for the Stanford Forensic Psychiatry Fellowship
- 2023- Formed a new Landmark Case didactic series for the Stanford Forensic Psychiatry Fellowship
- 2023- Oversee the appointment of new faculty to the Stanford Forensic Psychiatry Fellowship

- 2023- Coordinate with Journal of the American Academy of Psychiatry and the Law Section Editor Jennifer Piel for submission of two legal case review articles per year for publication by the fellows (Stanford Forensic Psychiatry Fellowship Program Director Role)
- 2017-2022 Screened veterans applying for residential PTSD treatment from the Bay Area, Northern California, Nevada, Hawaii, and the Pacific Islands as a staff psychiatrist for the VA Palo Alto Healthcare System, Menlo Park Division

**Teaching Experience:**

- 2023- Help coordinate and oversee three mock testimony experiences per year, including overseeing fellow participation in the Stanford International Association of Defense Counsel Trial Advocacy Workshop and assisting in two Stanford psychiatry-based exercises through the Stanford Forensic Psychiatry Fellowship
- 2023- Direct Forensic Psychiatry Fellowship Didactic Series, Landmark Case Series, and Case Conference Series, Stanford Forensic Psychiatry Fellowship
- 2023- Supervise an Addiction Medicine Fellow's outpatient dual diagnosis clinic, one day per week, Stanford Department of Psychiatry and Behavioral Sciences
- 2023- Direct Stanford Psychiatry Residency "Legal Aspects of Psychiatry" didactic series, PGY 3 and 4, Stanford Department of Psychiatry and Behavioral Sciences
- 2022- Supervise and teach Stanford Forensic Psychiatry Fellows through the Stanford Forensic Psychiatry Fellowship
- 2020-2022 Site Director for Stanford Resident Psychiatrists completing rotations at the Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2020-2022 Clerkship Director for the Stanford 308E Trauma Psychiatry Selective while serving as Medical Director of the Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2018- Presented recurring didactic talks for the Stanford Psychiatry Residents on topics including Antisocial Personality Disorder, Post-Traumatic Stress Disorder, Violence Risk Assessment, and Assessment of Criminal Responsibility, Stanford Department of Psychiatry and Behavioral Sciences.
- 2017-2022 Instruct and supervise Stanford medical students and residents, as well as visiting medical students, completing rotations at the Menlo Park Trauma Recovery Program
- 2017- Present an annual case conference presentation for the University of California, San Francisco Forensic Psychiatry Fellowship training program
- 2016-2017 Instructed University of California, San Francisco medical students completing an advanced elective rotation in forensic psychiatry with the University of California, San Francisco Forensic Psychiatry Fellowship

- 2015-2016 Co-Chief Resident of Outpatient Psychiatry at Beth Israel Deaconess Medical Center, assisted in instruction of second through fourth year psychiatry residents in psychotherapy, patient assessment and management, and clinic administration
- 2012-2016 Instructed Harvard Medical Students completing clerkship rotations in psychiatry at Harvard Medical School training sites at Beth Israel Deaconess Medical Center, Brigham and Women's Hospital, Brigham and Women's Faulkner Hospital, and Massachusetts Mental Health Center
- 2009 Taught "adventures in medicine" course to high school students in the Navajo Nation to encourage interest in science and medicine. Also completed quality improvement research within the Indian Health Services clinic in Kayenta, AZ.
- 2007 Kaplan MCAT [Medical College Admissions Test] Prep Course Instructor, All Subjects
- 2005-2008 Research Assistant, Kubovy Perceptual Psychology Lab at the University of Virginia, Trained Incoming RAs

**Awards:**

- 2017 2017 Young Investigator Prize, American Academy of Psychiatry and the Law
- 2007 University of Virginia 2006-2007 Department of Psychology Undergraduate Research Excellence Award

**Committee Memberships:**

- 2022- Stanford Forensic Psychiatry Fellowship Program Evaluation Committee and Clinical Education Committee
- 2020-2022 VA Palo Alto Education Committee
- 2019-2022 Early Career Development Committee, American Academy of Psychiatry and the Law
- 2018-2019 Domestic Violence Committee, VA Palo Alto Healthcare System
- 2018- Trauma and Stress Committee, American Academy of Psychiatry and the Law
- 2017 - Technology Committee, American Academy of Psychiatry and the Law

**Other relevant skills and training:**

- 2017 Training in Cognitive Processing Therapy for PTSD through the department of Veteran's Affairs, VA Palo Alto Healthcare System
- 2016-2017 Training in the administration and interpretation of psychological testing instruments including (but not limited to) the Psychopathy Checklist-Revised; Structured

- Inventory of Reported Symptoms-2; the Miller Forensic Assessment of Symptoms Test; and the Test of Memory Malingering at the University of California, San Francisco Forensic Psychiatry Fellowship
- 2015-2016 Training in administration of electroconvulsive therapy, Harvard Longwood Psychiatry Residency Training Program
- 2015 Clozapine Risk Evaluation and Mitigation Strategy (REMS) system enrolment (as a resident at the Harvard Longwood Psychiatry Residency Training Program)
- 2014 Completed suboxone training to qualify for X-waiver 12/17/14, Harvard Longwood Psychiatry Residency Training Program
- 2013-2016 Training in psychodynamic psychotherapy, cognitive behavioral therapy, and acceptance and commitment therapy. Have both completed cases under supervision as a psychiatry resident and offered supervision as a chief resident in each modality at the Harvard Longwood Psychiatry Residency Training Program.
- 2012 - Experience working in multidisciplinary teams comprised of physicians, psychologists, nurse practitioners, nursing staff, social work and support staff across multiple settings (University of Virginia School of Medicine, Harvard Longwood Psychiatry Residency Training Program, University of California San Francisco Forensic Psychiatry Fellowship, VA Palo Alto Healthcare System, and Stanford Department of Psychiatry and Behavioral Sciences)
- 2012 Assisted in research on stages of change and coping behaviour use at the University of Virginia's Center for Addiction Research and Education
- 2012 Creative writing with short fiction published in UVa's 2012 Veritas magazine, University of Virginia School of Medicine

#### Memberships:

- 2015 – American Academy of Psychiatry and the Law (AAPL)
- 2012-2016 Massachusetts Medical Society (MMS)
- 2012 - American Psychiatric Association (APA)
- 2012 - American Medical Association (AMA)
- 2005 - Psi Chi, International Honor Society of Psychology ( $\Psi\chi$ )

#### Peer Reviewed Publications:

1. Current Regulation of Mobile Mental Health Applications. **James Armontrout**, John Torous, Marsha Cohen, Dale McNiel, & Renee Binder. *The Journal of the American Academy of Psychiatry and the Law* 2018, 46:204-11

2. A Resident Perspective on the Goldwater Rule. **James Armontrout**, Sagar Vijapura. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 249-252.
3. Mobile Mental Health: Navigating New Rules and Regulations for Digital Tools. **James Armontrout**, John Torous, Matthew Fisher, Eric Drogin & Thomas Gutheil. *Current Psychiatry Reports* 2016:18:9
4. Do Consultation Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Health Care Lawyers Differ in Opinion on Gray Area Decision-Making Capacity Cases? A Vignette-Based Survey. **James Armontrout**, David Gitlin, Thomas G Gutheil. *Psychosomatics*. 2016:57(5), 472-479
5. Life or Limb: Family as Decision Makers for a Psychotic Patient with Life-Threatening Gangrene. **James Armontrout**, Sejal B. Shah. *Psychosomatics* 2015:56:691-695
6. Visual determinants of a cross-modal illusion. **James Armontrout**, Michael Schutz and Michael Kubovy. *Attention, Perception, & Psychophysics*, 2009, Volume 71, Number 7, Pages 1618-1627

#### Textbook Chapter

1. Record Keeping in Private Practice. Eric Drogin, **James Armontrout**. Handbook of Private Practice, Chapter 6, p. 66-78. Edited by Steven Walfish, Jeffrey Barnett, and Jeffrey Zimmerman. Oxford University Press, published in the United States in New York, New York, April 21, 2017.

#### Poster and other Presentations:

1. Intelligent Use of Artificial Intelligence: a Practical and Ethical Approach. Andrew Nanton, Alan Newman, Michael Rogers, **James Armontrout**. 2023 Meeting of the American Academy of Psychiatry and the Law, Chicago, IL, October 21, 2023.
2. Neuroscience in the Court Room. Octavio Choi, Shafi Lodhi, Grace Cheney, **James Armontrout**. 2023 Conference of the American Psychiatric Association, San Francisco, CA, May 22, 2023
3. Telehealth Pearls, Pitfalls, and Strategies to Improve Patient Experience. **James Armontrout**. Pacific Southwest Mental Health Technology Transfer Center Online Presentation (Invited as a Virtual Talk), July 27, 2020.
4. Veteran's Week: Managing TBI and PTSD During the Pandemic. **James Armontrout**. Mission College (invited speaker), Santa Clara, CA November 6, 2020.
5. Fanatics, Incels and Trolls: The Forensic Expert's Guide. Andrew Nanton, Alan Newman, **James Armontrout**, Michael Rogers. 2019 Meeting of the American Academy of Psychiatry and the Law, Baltimore, MD, October 24, 2019.
6. Veteran's Week: TBI & PTSD Workshop. James Armontrout. Mission College (invited speaker), Santa Clara, CA November 4, 2019.

7. Complex Decisional Capacity Assessments: From Disposition, to Organ Donation, and Death. Vivek Datta, James Bourgeois, Lawrence Kaplan, Panid Sarifnia, **James Armontrout**. 2019 Conference of the American Psychiatric Association, San Francisco, CA, May 21, 2019.
8. When is a smartphone a regulated medical device? Exploring the boundaries with mental health apps. **James A Armontrout**, John Torous, Marsha Cohen, Dale McNeil, Renee Binder. 2017 Conference of the American Academy of Psychiatry and the Law, Denver, CO.
9. Do Consult Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Healthcare Lawyers Differ in Opinion on Grey Area Decision Making Capacity Cases? A Vignette-Based Survey. **James A Armontrout**, David Gitlin, Thomas G Gutheil. Mysell Research Day Poster Session, Harvard Medical School, March 23, 2016
10. Kayenta Quality Improvement Questionnaire. **James Armontrout** and Benjamin Kaufman. The Kayenta Indian Health Services Clinic, Kayenta, AZ, July 30, 2009.
11. Is there a link between ADHD and sleep disorders? A review of comorbidity at The Lynchburg Family Practice Residency. **James Armontrout**. Internal Presentation for the Lynchburg Family Practice Residency and affiliates, Lynchburg, VA, August 2006

**Other Professional Publications:**

1. Legal Rights and Responsibilities of Healthcare Administrators and Insurers. Maria Chuop, **James Armontrout**. Accepted for publication in *The Journal of the American Academy of Psychiatry and the Law* with planned publication in 2024.
2. Government Management of Accompanied Minors Held in the Custody of Immigration Authorities. **James Armontrout** and John R. Chamberlain. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 269-271