



AYESHA ASHAI LLC.  
FORENSIC AND ADULT PSYCHIATRIC CONSULTANT



## EDUCATION

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<b>University of California, Davis (Sacramento, California)</b> Division of Psychiatry and the Law	<b>07/2017-06/2018</b>
<b>University of Maryland-Sheppard Enoch Pratt Hospital (Baltimore, Maryland)</b> Adult Psychiatric Residency	<b>07/2013-06/2017</b>
<b>Wright State University Boonshoft School of Medicine (Dayton, Ohio)</b> Doctor of Medicine	<b>07/2009-06/2013</b>
<b>University of Michigan (Ann Arbor, Michigan)</b> B.A. Psychology B.A. Spanish Graduated with Distinction	<b>09/2005-05/2009</b>

## CERTIFICATION

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National Board of Physicians and Surgeons Diplomate	2020
American Board of Psychiatry and Neurology Forensic Psychiatry Certification	2019
American Board of Psychiatry and Neurology Adult Psychiatry Diplomate	2017

## LICENSURE

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State of Vermont Medical License	Active
State of California Medical License	Active
State of Ohio Medical License	Active
State of Pennsylvania Medical License	Active
State of Illinois Medical License	Active
State of Texas Medical License	Active
State of New York Medical License	Active
State of Maryland Medical License	Inactive
State of Indiana Medical License	Pending

## CLINICAL APPOINTMENTS

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<b>Adolescent and Adult Clinical Psychiatrist</b> 83 <sup>rd</sup> Professional Group (Willowbrook, Illinois)	03/2024-current
<b>Adolescent and Adult Clinical Psychiatrist</b> CORE Psychiatric and Psychological Services (Pennsylvania)	01/2024-current
<b>Clinical Assistant Professor</b> University of Illinois College of Medicine (Rockford, Illinois)	03/2020-current
<b>Forensic Psychiatric Consultant</b> Forensic Psychiatric Associates, L.P. (national)	02/2020-current
<b>Adolescent and Adult Telepsychiatrist</b> Innovatel Telepsychiatry (Erie, Pennsylvania)	09/2018-current
<b>Torrance State Hospital</b> Forensic psychiatric consultant (Torrance, Pennsylvania)	01/2022-current
<b>Vermont Department of Mental Health</b> Adult forensic psychiatric evaluator for those involved with the criminal justice system	06/2021-current
<b>Ravenwood Health</b> Adult clinical psychiatrist for outpatient community mental health (Chardon, Ohio)	02/2019-03/2024
<b>Rosecrance Health Network</b> Adult clinical psychiatrist for outpatient community mental health, offenders incarcerated at Winnebago County Jail, and offenders with a serious mental illness on probation (Rockford, Illinois)	07/2019-12/2020
<b>Adult Psychiatry Inpatient Junior Attending</b> University of Maryland Medical Center, Department of Psychiatry (Baltimore, Maryland)	01/2017-06/2017
<b>Institute of Psychiatry and Human Behavior Chief Resident</b> University of Maryland Medical Center, Department of Psychiatry (Baltimore, Maryland)	01/2017-06/2017
<b>Executive Chief Resident</b> University of Maryland Medical Center, Department of Psychiatry (Baltimore, Maryland)	06/2016-12/2016
<b>Psychiatry Consultant</b> University of Maryland St. Joseph Medical Center Moonlighting resident with an average of 12-24hrs/month. Responsible for emergency room and inpatient consultations and psychiatric inpatient units	07/2015-06/2017
<b>Psychiatry Consultant</b> University of Maryland Medical Center Psychiatry Emergency Services (Baltimore, Maryland)	07/2015-06/2017

## COMMITTEE APPOINTMENTS

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American Academy of Psychiatry and the Law Peer Review Committee	10/2023-current
American Academy of Psychiatry and the Law Criminal Behavior Committee	10/2019-current
American Academy of Psychiatry and the Law Cross-Cultural Committee	10/2019-current
University of Maryland- Sheppard Enoch Pratt Curriculum Committee	07/2015-06/2017
University of Maryland- Sheppard Enoch Pratt Residency Recruitment Committee	07/2013-06/2017
University of Maryland- Sheppard Enoch Pratt Program Evaluation Committee	07/2013-06/2014

## RESEARCH AND PUBLICATIONS

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### National Presentations

<b>Workshop: Daughters of the Motherland: A Look at Southasian Patriarchal Norms</b> American Academy of Psychiatry and the Law (AAPL) Annual Conference	10/27/2022
<b>Telepsychiatry Standards and Practices: Understanding and Mitigating Liability Risks</b> HB Litigation Conference LLC Continuing Legal Education Webinar	7/2020
<b>Panel: Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?</b> American Academy of Psychiatry and the Law (AAPL) Annual Conference	10/28/2017
<b>Ashai, A. Merti, J. Himelhoch, S. <i>Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.</i></b> American Psychiatric Association (APA) Annual Conference (Atlanta, Georgia)	05/17/2015
<b>Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., &amp; Stolfi, A. <i>Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.</i></b> Association of American Medical Colleges (AAMC) Annual Conference in Medical Education (RIME) sub-committee (Philadelphia, Pennsylvania)	11/2013
<b>Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., &amp; Stolfi, A. <i>Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.</i></b> Central Group on Educational Affairs Spring Conference (Cincinnati, Ohio)	03/2013

### Local Presentations

<b>Beyond the Grave: The Forensic Autopsy</b> Stanford University Forensic Psychiatric Fellowship	02/02/2024
<b>How Community Mental Health Centers and CCBHCs Can Implement A Hybrid Model of Telehealth to Solve Workforce Development Challenges</b> Illinois Association for Behavioral Health Annual Conference 2022	03/08/2022

<b>Defending the Borderline Personality Disorder Client: Challenges and Mitigation</b> Chicago Bar Association Continuing Legal Education Webinar	08/19/2021
<b>Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?</b> California Department of State Hospitals Public Forensic Mental Health Forum	06/2018
<b>Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?</b> Napa State Hospital Forensic Services	09/28/2017
<b>Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?</b> Sacramento County Sherriff's Department Main Jail	09/20/2017
<b>Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders</b> University of Maryland-Sheppard Pratt Psychiatry Department Grand Rounds	05/26/2016
<b>Ashai, A. Merti, J. Himelhoch, S. <i>Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.</i></b> University of Maryland School of Medicine Annual Research Day in Baltimore, Maryland	05/05/2016
<b>A Clinical Conundrum: Unspecified Bipolar Disorder Complicated by Complex Multifactorial Co-Morbidities</b> University of Maryland-Sheppard Pratt Psychiatry Department Grand Rounds	12/17/2015
<b>Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., &amp; Stolfi, A. (March, 2013). <i>Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice</i></b> Wright State University Boonshoft School of Medicine Research Symposium	04/04/2013

**Additional Publications**

<b><i>Sanity Evaluations: The Relationship Between the Mental State and the Criminal Behavior</i></b> Fpamed Newsletters: Criminal Law and Mental Illness	05/26/2020
<b><i>Holding On and Letting Go: Acculturation Versus Biculturalism Among International Medical Graduates In Residency Training</i></b> Falcone, T., Espi, F., Ashai, A., Butler, R., Franco, K.(2014). International Journal of Culture and Mental Health, 7:2, 229-235	05/09/2013

**MEDICAL ACHIEVEMENT/AWARDS**

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<b>The Dr. George U. Balis Award for Excellence in Medical Student Education</b> University of Maryland/Sheppard Enoch Pratt Psychiatry Residency Program	06/16/2017
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