

EDUCATION

University of California, Davis (Sacramento, California) Division of Psychiatry and the Law	07/2017-06/2018
University of Maryland-Sheppard Enoch Pratt Hospital (Baltimore, Maryland) Adult Psychiatric Residency	07/2013-06/2017
Wright State University Boonshoft School of Medicine (Dayton, Ohio) Doctor of Medicine	07/2009-06/2013
University of Michigan (Ann Arbor, Michigan) B.A. Psychology B.A. Spanish Graduated with Distinction	09/2005-05/2009

CERTIFICATION

National Board of Physicians and Surgeons Diplomate	2020
American Board of Psychiatry and Neurology Forensic Psychiatry Certification	10/2019
American Board of Psychiatry and Neurology Adult Psychiatry Diplomate	09/2017

LICENSURE

State of Vermont Medical License	Active
State of California Medical License	Active
State of Ohio Medical License	Active
State of Pennsylvania Medical License	Active
State of Illinois Medical License	Active
State of Texas Medical License	Active
State of New York Medical License	Active
State of Florida Telehealth Medical License	Active
State of Maryland Medical License	Inactive
State of Indiana Medical License	Pending

CLINICAL APPOINTMENTS

Adult Interventional Psychiatrist Greenbrook TMS	04/2025-current
Forensic Psychiatric Consultant Teleforensic LLC	03/2025-current
Vermont Department of Mental Health Adult forensic psychiatric evaluator for those involved with the criminal justice system	06/2021-current
Adolescent and Adult Clinical Psychiatrist 83 rd Professional Group (Willowbrook, Illinois)	03/2024-current
Clinical Assistant Professor University of Illinois College of Medicine (Rockford, Illinois)	03/2020-current
Forensic Psychiatric Consultant Forensic Psychiatric Associates, L.P. (national)	02/2020-current
Adolescent and Adult Telepsychiatrist Innovatel Telepsychiatry (Erie, Pennsylvania)	09/2018-current
Torrance State Hospital Forensic psychiatric consultant (Torrance, Pennsylvania)	01/2022-current
Ravenwood Health Adult clinical psychiatrist for outpatient community mental health (Chardon, Ohio)	02/2019-03/2024
Rosecrance Health Network Adult clinical psychiatrist for outpatient community mental health, offenders incarcerated at Winnebago County Jail, and offenders with a serious mental illness on probation (Rockford, Illinois)	07/2019-12/2020
Adolescent and Adult Clinical Psychiatrist CORE Psychiatric and Psychological Services (Pennsylvania)	01/2024-02/2025
Adult Psychiatry Inpatient Junior Attending University of Maryland Medical Center, Department of Psychiatry (Baltimore, Maryland)	01/2017-06/2017
Institute of Psychiatry and Human Behavior Chief Resident University of Maryland Medical Center, Department of Psychiatry (Baltimore, Maryland)	01/2017-06/2017

	ecutive Chief Resident	06/2016-12/2016
	versity of Maryland Medical Center, Department of Psychiatry (Baltimore, ryland)	
	chiatry Consultant	07/2015-06/2017
	versity of Maryland St. Joseph Medical Center	
	onlighting resident with an average of 12-24hrs/month. Responsible for	
eme	ergency room and inpatient consultations and psychiatric inpatient units	
	chiatry Consultant	07/2015-06/2017
	versity of Maryland Medical Center Psychiatry Emergency Services ltimore, Maryland)	
COM	MMITTEE APPOINTMENTS	
		10/2022
	erican Academy of Psychiatry and the Law Peer Review Committee	10/2023-current
	erican Academy of Psychiatry and the Law Criminal Behavior Committee	10/2019-current
	erican Academy of Psychiatry and the Law Cross-Cultural Committee	10/2019-current
	iversity of Maryland- Sheppard Enoch Pratt Curriculum Committee	07/2015-06/2017
	versity of Maryland- Sheppard Enoch Pratt Residency Recruitment Committee	07/2013-06/2017
Un	iversity of Maryland- Sheppard Enoch Pratt Program Evaluation Committee	07/2013-06/2014
RES	EARCH AND PUBLICATIONS	
Na	tional Presentations	
	Beyond the Grave: The Forensic Autopsy	03/14/2025
	Forensic Psychiatric Associates (fpamed, LP)	
	Workshop: Daughters of the Motherland: A Look at Southasian	10/27/2022
	Patriarchal Norms American Academy of Psychiatry and the Law (AAPL) Annual Conference	
	Telepsychiatry Standards and Practices: Understanding and Mitigating	7/2020
	Liability Risks	112020
	HB Litigation Conference LLC Continuing Legal Education Webinar	
	Panel: Treatment of Antisocial Personality Disorder and Psychopathy:	10/28/2017
	Hopeful or Hopeless?	
	American Academy of Psychiatry and the Law (AAPL) Annual Conference	
	Ashai, A. Merti, J. Himelhoch, S. Meta-analysis of Efficacy of	05/17/2015
	Pregabalin in the Treatment of Anxiety Disorders.	
	American Psychiatric Association (APA) Annual Conference (Atlanta, Georgia)	
	Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., & Stolfi, A.	11/2013
	Knowledge and Attitudes about Brain-Death among First-Year Medical	

<i>Students: Implications for Education and Practice.</i> Association of American Medical Colleges (AAMC) Annual Conference in Medical Education (RIME) sub-committee (Philadelphia, Pennsylvania)	
Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., & Stolfi, A. Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.	03/2013
Central Group on Educational Affairs Spring Conference (Cincinnati, Ohio)	
Local Presentations	
Forensic Psych 101 New York County Law Association	02/24/2025
Beyond the Grave: The Forensic Autopsy Stanford University Forensic Psychiatric Fellowship	02/02/2024
How Community Mental Health Centers and CCBHCs Can Implement A Hybrid Model of Telehealth to Solve Workforce Development Challenges	03/08/2022
Illinois Association for Behavioral Health Annual Conference 2022	
Defending the Borderline Personality Disorder Client: Challenges and Mitigation	08/19/2021
Chicago Bar Association Continuing Legal Education Webinar	
Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?	06/2018
California Department of State Hospitals Public Forensic Mental Health Forum	
Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless? Napa State Hospital Forensic Services	09/28/2017
Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless? Sacramento County Sherriff's Department Main Jail	09/20/2017
Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders	05/26/2016
University of Maryland-Sheppard Pratt Psychiatry Department Grand Rounds	
Ashai, A. Merti, J. Himelhoch, S. <i>Meta-analysis of Efficacy of</i> <i>Pregabalin in the Treatment of Anxiety Disorders.</i> University of Maryland School of Medicine Annual Research Day in Baltimore, Maryland	05/05/2016
A Clinical Conundrum: Unspecified Bipolar Disorder Complicated by Complex Multifactorial Co-Morbidities	12/17/2015

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University of Maryland-Sheppard Pratt Psychiatry Department Grand Rounds	
Fernandes, A.K., Ashai, A., Thompson, M., Borges, N.J., & Stolfi, A. (March, 2013). <i>Knowledge and Attitudes about Brain-Death among</i> <i>First-Year Medical Students: Implications for Education and Practice</i> Wright State University Boonshoft School of Medicine Research Symposium	04/04/2013
Additional Publications	
Sanity Evaluations: The Relationship Between the Mental State and the Criminal Behavior Fpamed Newsletters: Criminal Law and Mental Illness	05/26/2020
Holding On and Letting Go: Acculturation Versus Biculturalism Among International Medical Graduates In Residency Training Falcone, T., Espi, F., Ashai, A., Butler, R., Franco, K.(2014). International Journal of Culture and Mental Health, 7:2, 229-235	05/09/2013
MEDICAL ACHIEVEMENT/AWARDS	
The Dr. George U. Balis Award for Excellence in Medical Student Education University of Maryland/Sheppard Enoch Pratt Psychiatry Residency Program	06/16/2017

MEDIA

Please ask for direct references for media appearances and interviews, which include CrimeDoor TV, Peacock, NBC, Fox, Investigation Discovery appearances, Women's Health magazine, Distractify, Buzzfeed and numerous podcasts

Deposition and Court Testimony List can be provided upon request