

Ayesha Ashai

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440-390-9627

Education

University of California, Davis Division of Psychiatry and the Law	7/2017-6/2018
University of Maryland-Sheppard Pratt Residency (Baltimore, Maryland)	7/2013-6/2017
Boonshoft School of Medicine (Dayton, Ohio) Doctor of Medicine	7/2009-6/2013
University of Michigan (Ann Arbor, Michigan) B.A. Psychology B.A. Spanish Graduated with Distinction	9/2005-5/2009

Certification/Licensure

National Board of Physicians and Surgeons Diplomate	2020
American Board of Psychiatry and Neurology Forensic Psychiatry Certification	2019
American Board of Psychiatry and Neurology Adult Psychiatry Diplomate	2017
State of California Medical License	Active
State of Maryland Medical License	Expired
State of Ohio Medical License	Active
State of Pennsylvania Medical License	Active
State of Illinois Medical License	Active
State of Texas Medical License	Active

Clinical Appointments

Forensic Psychiatric Associates Medical Corporation Forensic Psychiatry Expert	02/2020-current
Volunteer Clinical Faculty University of Illinois, Rockford, Illinois	02/2020-current
Rosecrance Health Network (Rockford, Illinois) Adult clinical psychiatrist for outpatient community mental health; offenders incarcerated at Winnebago County Jail and offenders with a serious mental illness recently released after being charged with a nonviolent offense	07/2019- current
Ravenwood Health (Chardon, Ohio) Adult clinical psychiatrist for outpatient community mental health	02/2019- current
Innovatel Telepsychiatry Adult telepsychiatrist	08/2018- current
Adult Psychiatry Adult Inpatient Junior Attending University of Maryland Medical Center, Dept. of Psychiatry	1/2017-6/2017
Institute of Psychiatry and Human Behavior Chief Resident University of Maryland Medical Center, Dept. of Psychiatry	1/2017-6/2017
Executive Chief Resident University of Maryland Medical Center, Dept. of Psychiatry	6/2016-12/2016
University of Maryland St. Joseph Medical Center Moonlighting resident with an average of 12-24hrs/month. Responsible for emergency room and inpatient consultations and psychiatric inpatient units.	7/2015- 6/2017

University of Maryland Psychiatry Emergency Services 7/2015-6/2017
Moonlighting resident with an average of 12hrs/month. Responsible for emergency room consultations and evaluations in the psychiatric emergency room

Local Committee Appointments

American Academy of Psychiatry and the Law Criminal Behavior Committee 10/2019

American Academy of Psychiatry and the Law Cross Cultural Committee 10/2019

University of Maryland-Sheppard Pratt Residency Curriculum Committee 7/2015-6/2017
Therapy curriculum subcommittee: Restructure and improve current didactic curriculum

University of Maryland-Sheppard Pratt Residency Recruitment Committee 7/2013-6/2017
Representative: Reviewed incoming applicant applications, provided feedback to training office, attended lunches/dinners with incoming applicants during residency interviews. Acted as "Resident of the Day"

University of Maryland-Sheppard Pratt Residency Program Evaluation Committee 7/2013-6/2014
Representative for PGY-1 Class: Quality improvement within program and implementing changes; served as liaison between training office and first year residents

Research and Publications

National Presentations

American Academy of Psychiatry and the Law 10/28/2017
Panel: Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

American Psychiatric Association (APA) Annual Conference 5/17/2015
Ashai, A. Merti, J. Himelhoch, S. *Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.* Poster session presented during General Poster Session at APA Annual Conference in Atlanta, Georgia.

Association of American Medical Colleges (AAMC) Annual Conference 11/2013
Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.* Poster session and abstract presented at AAMC Conference to Research in Medical Education (RIME) subcommittee in Philadelphia, Pennsylvania.

Central Group on Educational Affairs (CGEA) Spring Conference 3/2013
Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.* Poster session and abstract presented at CGEA Conference (AAMC sub-committee) in Cincinnati, Ohio.

Local Presentations

California Department of State Hospitals Public Forensic Mental Health Forum 6/2018
Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

Napa State Hospital Forensic Services 9/28/2017
Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

Sacramento County Sherriff's Department Main Jail 9/20/2017

Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

University of Maryland-Sheppard Pratt Psychiatry Department 5/26/2016

University of Maryland School of Medicine Psychiatry Grand Rounds: "Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders."

University of Maryland School of Medicine 5/05/2016

Ashai, A. Merti, J. Himelhoch, S. *Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.* Poster session presented at University of Maryland School of Medicine Annual Research Day in Baltimore, Maryland.

University of Maryland-Sheppard Pratt Psychiatry Department 12/17/2015

University of Maryland School of Medicine Psychiatry Grand Rounds: "A Clinical Conundrum: Unspecified Bipolar Disorder Complicated by Complex Multifactorial Co-Morbidities"

Wright State University Boonshoft School of Medicine Research Symposium 4/04/2013

Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. (March, 2013). *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.*

Peer-Reviewed Journal Publications

Cleveland Clinic Foundation Child Psychiatry Department 5/09/2013

Holding on and letting go: acculturation versus biculturalism among international medical graduates in residency training. Tatiana Falcone, Fernando Espi, **Ayesha Ashai**, Robert S. Butler, Kathleen Franco. *International Journal of Culture and Mental Health.* May 09, 2013.

Experience

General Experience

Forensic Elective with Dr. Phillip Resnick in Cleveland, Ohio 3/14/16-3/28/16

Completed a 2-week elective with weekly didactics, shadowing of forensic fellows, and completion of three forensic evaluations with supervision and regular meetings with Dr. Resnick

Teaching Experience

University of Maryland Medical Center Psychiatry Department 7/2014-6/2017

Lectured residents on postpartum psychosis and Andrea Yates case presentation, dissociative amnesia, and PRITE review

University of Maryland Medical Center Institute of Psychiatry and Human Behavior 7/2016-6/2017

Medical student lecturer regarding psychiatric interviews, mental status examinations, suicide risk assessments and biopsychosocial formulations

Sheppard Pratt Medical Student Lectures 7/2015-6/2016

Medical student lecturer regarding capacity assessment within the consult-liaison psychiatric setting

Boonshoft School of Medicine Tutor of Anatomy and Biochemistry 7/2010-12/2010

Boonshoft School of Medicine Prematriculation Program Program Assistant	6/2010-7/2010
<u><i>Volunteering Experience</i></u>	
Silent Auction Reach Out Fundraiser Dinner Committee Chief Organizer Raised \$13,000 for local free clinic Reach Out of Montgomery County in Dayton, Ohio	12/2011
Japan Tsunami and Earthquake Relief Fundraiser Committee Chief Organizer	3/2011
Student to Student Leadership Talks	2010-2012
Reach Out Free Clinic Assistant	2009-2012
Boonshoft Food Drive Participant	2009-2012
Global Health Initiative: First Year Representative	2009-2010

Medical Achievements/Awards

The Dr. George U. Balis Award for Excellence in Medical Student Education University of Maryland/Sheppard Pratt Psychiatry Residency Program	6/16/2017
2 nd place award at Boonshoft School of Medicine Annual Research Symposium	4/04/2013
Pepper Award for Outstanding Leadership in Pediatrics, Dayton Children's Medical Center	2012

Professional Associations

American Academy of Psychiatry and the Law	2013-Active
American Psychiatry Association	2012-2017
Maryland Psychiatric Society	2013-2017
American Medical Association	2009-2015