



Ayesha Ashai, M.D.
Oak Brook, Illinois

Education

University of California, Davis Division of Psychiatry and the Law	7/2017-6/2018
University of Maryland-Sheppard Pratt Residency (Baltimore, Maryland)	7/2013-6/2017
Boonshoft School of Medicine (Dayton, Ohio) Doctor of Medicine	7/2009-6/2013
University of Michigan (Ann Arbor, Michigan) B.A. Psychology B.A. Spanish Graduated with Distinction	9/2005-5/2009

Certification/Licensure

National Board of Physicians and Surgeons Diplomate	2020
American Board of Psychiatry and Neurology Forensic Psychiatry Certification	2019
American Board of Psychiatry and Neurology Adult Psychiatry Diplomate	2017
State of California Medical License	Active
State of Maryland Medical License	Inactive
State of Ohio Medical License	Active
State of Pennsylvania Medical License	Active
State of Illinois Medical License	Active
State of Texas Medical License	Active

Clinical Appointments

Clinical Assistant Professor University of Illinois College of Medicine, Rockford, Illinois	03/2020-current
Forensic Psychiatric Consultant Forensic Psychiatric Associates Medical Corporation	02/2020-current
Innovatel Telepsychiatry Adult telepsychiatrist	09/2018- current
Rosecrance Health Network (Rockford, Illinois) Adult clinical psychiatrist for outpatient community mental health; offenders incarcerated at Winnebago County Jail and offenders with a serious mental illness recently released after being charged with a nonviolent offense	07/2019- current
Ravenwood Health (Chardon, Ohio) Adult clinical psychiatrist for outpatient community mental health	02/2019- current
Adult Psychiatry Adult Inpatient Junior Attending University of Maryland Medical Center, Dept. of Psychiatry	1/2017-6/2017
Institute of Psychiatry and Human Behavior Chief Resident University of Maryland Medical Center, Dept. of Psychiatry	1/2017-6/2017

Executive Chief Resident 6/2016-12/2016
University of Maryland Medical Center, Dept. of Psychiatry

University of Maryland St. Joseph Medical Center 7/2015- 6/2017
Moonlighting resident with an average of 12-24hrs/month. Responsible for emergency room and inpatient consultations and psychiatric inpatient units.

University of Maryland Psychiatry Emergency Services 7/2015-6/2017
Moonlighting resident with an average of 12hrs/month. Responsible for emergency room consultations and evaluations in the psychiatric emergency room

Local Committee Appointments

American Academy of Psychiatry and the Law Criminal Behavior Committee 10/2019-current

American Academy of Psychiatry and the Law Cross Cultural Committee 10/2019-current

University of Maryland-Sheppard Pratt Residency Curriculum Committee 7/2015-6/2017
Therapy curriculum subcommittee: Restructure and improve current didactic curriculum

University of Maryland-Sheppard Pratt Residency Recruitment Committee 7/2013-6/2017

University of Maryland-Sheppard Pratt Residency Program Evaluation Committee 7/2013-6/2014

Research and Publications

National Presentations

American Academy of Psychiatry and the Law 10/28/2017
Panel: Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

American Psychiatric Association (APA) Annual Conference 5/17/2015
Ashai, A. Merti, J. Himelhoch, S. *Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.* Poster session presented during General Poster Session at APA Annual Conference in Atlanta, Georgia.

Association of American Medical Colleges (AAMC) Annual Conference 11/2013
Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.* Poster session and abstract presented at AAMC Conference to Research in Medical Education (RIME) sub-committee in Philadelphia, Pennsylvania.

Central Group on Educational Affairs (CGEA) Spring Conference 3/2013
Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.* Poster session and abstract presented at CGEA Conference (AAMC sub-committee) in Cincinnati, Ohio.

Local Presentations

Telepsychiatry Standards and Practices: Understanding and Mitigating Liability Risks 7/2020
HB Litigation Conference LLC Continuing Legal Education Webinar

California Department of State Hospitals Public Forensic Mental Health Forum 6/2018

Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

Napa State Hospital Forensic Services

9/28/2017

Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

Sacramento County Sherriff's Department Main Jail

9/20/2017

Treatment of Antisocial Personality Disorder and Psychopathy: Hopeful or Hopeless?

University of Maryland-Sheppard Pratt Psychiatry Department

5/26/2016

University of Maryland School of Medicine Psychiatry Grand Rounds: "Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders."

University of Maryland School of Medicine

5/05/2016

Ashai, A. Merti, J. Himelhoch, S. *Meta-analysis of Efficacy of Pregabalin in the Treatment of Anxiety Disorders.* Poster session presented at University of Maryland School of Medicine Annual Research Day in Baltimore, Maryland.

University of Maryland-Sheppard Pratt Psychiatry Department

12/17/2015

University of Maryland School of Medicine Psychiatry Grand Rounds: "A Clinical Conundrum: Unspecified Bipolar Disorder Complicated by Complex Multifactorial Co-Morbidities"

Wright State University Boonshoft School of Medicine Research Symposium

4/04/2013

Fernandes, A.K., **Ashai, A.**, Thompson, M., Borges, N.J., & Stolfi, A. (March, 2013). *Knowledge and Attitudes about Brain-Death among First-Year Medical Students: Implications for Education and Practice.*

Peer-Reviewed Journal Publications

Cleveland Clinic Foundation Child Psychiatry Department

5/09/2013

Holding on and letting go: acculturation versus biculturalism among international medical graduates in residency training. Tatiana Falcone, Fernando Espi, **Ayesha Ashai**, Robert S. Butler, Kathleen Franco. *International Journal of Culture and Mental Health.* May 09, 2013.

Medical Achievements/Awards

The Dr. George U. Balis Award for Excellence in Medical Student Education
University of Maryland/Sheppard Pratt Psychiatry Residency Program

6/16/2017

Professional Associations

American Academy of Psychiatry and the Law

2013-Active

American Psychiatry Association

2012-2017

Maryland Psychiatric Society

2013-2017

American Medical Association

2009-2015