

## **Curriculum Vitae 6/2019**

James Alden Armontrout, MD  
650 Castro Street, Suite 120, #205  
Mountain View, CA 94041  
T: 650-772-8439  
F: 256-242-0953

### **Education and Postdoctoral Training:**

2007            BA Psychology with High Honors, University of Virginia  
2012            MD, University of Virginia  
2012-16        Resident, Harvard Longwood Psychiatry Residency Program  
2012-16        Clinical Fellow, Harvard Medical School  
2015-16        Co-Chief Resident of Outpatient Psychiatry, Beth Israel Deaconess Medical Center  
2016-17        Forensic Psychiatry Fellow, University of California, San Francisco

### **Employment:**

2017-           Staff Psychiatrist, Menlo Park Trauma Recovery Program, Palo Alto VA Health Care System  
2017-           Private practice in forensic psychiatry

### **Academic Appointments:**

2019-           Clinical Assistant Professor of Psychiatry (Affiliated), Stanford School of Medicine

### **Memberships:**

2005 -           Psi Chi, International Honor Society of Psychology  
2012 -           American Medical Association  
2012 -           American Psychiatric Association  
2012-2016      Massachusetts Medical Society  
2015 –           American Academy of Psychiatry and the Law

### **Certifications and Licensure:**

- 2012 – 2016 Massachusetts Limited License #251424
- 2016- California Medical License #A138817
- 2016- Board Certified in Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted September 22, 2016
- 2017- Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted October 11, 2017

**Teaching Experience:**

- 2005-2008 Research Assistant, Kubovy Perceptual Psychology Lab, Trained Incoming RAs
- 2007 Kaplan MCAT Prep Course Instructor, All Subjects
- 2009 “Adventures in Medicine” Summer Immersion Course Instructor, Kayenta, Navajo Nation
- 2012-16 Instructed Harvard Medical Students completing clerkship rotations in psychiatry
- 2015-16 Co-Chief Resident of Outpatient Psychiatry, assisted in instruction of second through fourth year psychiatry residents in psychotherapy, patient assessment and management, and clinic administration
- 2016-17 Instructed University of California, San Francisco medical students completing an advanced elective rotation in forensic psychiatry
- 2017- Instruct and supervise Stanford medical students and residents, as well as visiting medical students, completing rotations at the Menlo Park Trauma Recovery Program

**Work Experience Prior to Graduation:**

- 2004 Tuition Painters Branch Manager  
Started and ran a branch of a painting company selling and producing near \$30,000 in painting contracts
- 2005-2008 Research Assistant, Kubovy Perceptual Psychology Lab, UVa  
Designed studies, trained RAs, interpreted data, performed literature reviews, helped prepare grants.
- 2009 Kayenta Clinic, Indian Health Service  
Taught “adventures in medicine” course to high school students in the Navajo Nation to encourage interest in science and medicine. Completed quality improvement research within the clinic.

**Selected Awards:**

- 2007 University of Virginia 2006-2007 Department of Psychology Undergraduate Research Excellence Award
- 2017 2017 Young Investigator Prize, American Academy of Psychiatry and the Law

**Committee Memberships:**

- 2017 - Technology Committee, American Academy of Psychiatry and the Law
- 2018- Trauma and Stress Committee, American Academy of Psychiatry and the Law
- 2018- Domestic Violence Committee, VA Palo Alto Healthcare System

**Other relevant skills and training:**

- 2012 Assisted in research on stages of change and coping behaviour use at UVa's Center for Addiction Research and Education
- 2012 Creative writing with short fiction published in UVa's 2012 Veritas magazine
- 2012 - Experience working in multidisciplinary teams comprised of physicians, psychologists, nurse practitioners, nursing staff, social work and support staff across multiple settings
- 2013-2016 Training in psychodynamic psychotherapy, cognitive behavioral therapy, and acceptance and commitment therapy. Have both completed cases under supervision as a psychiatry resident and offered supervision as a chief resident in each modality
- 2014
- 2015 Completed suboxone training to qualify for X-waiver 12/17/14
- 2015-2016 Clozapine REMS enrolment
- 2017 Training in administration of electroconvulsive therapy
- Training in Cognitive Processing Therapy for PTSD through the department of Veteran's Affairs

**Peer Reviewed Publications:**

1. Visual determinants of a cross-modal illusion. James A. Armontrout, Michael Schutz and Michael Kubovy. *Attention, Perception, & Psychophysics*, 2009, Volume 71, Number 7, Pages 1618-1627
2. Life or Limb: Family as Decision Makers for a Psychotic Patient with Life-Threatening Gangrene. James A. Armontrout, Sejal B. Shah. *Psychosomatics* 2015;56:691-695
3. Do Consultation Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Health Care Lawyers Differ in Opinion on Gray Area Decision-Making Capacity Cases? A Vignette-Based Survey. James A. Armontrout, David Gitlin, Thomas G Gutheil. *Psychosomatics*. 57(5), 472-479

4. Mobile Mental Health: Navigating New Rules and Regulations for Digital Tools. James Armontrout, John Torous, Matthew Fisher, Eric Drogin & Thomas Gutheil. *Current Psychiatry Reports* 2016:18:9
5. A Resident Perspective on the Goldwater Rule. James A. Armontrout, Sagar Vijapura. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 249-252.
6. Current Regulation of Mobile Mental Health Applications. James A. Armontrout, John Torous, Marsha Cohen, Dale McNiel, & Renee Binder. *The Journal of the American Academy of Psychiatry and the Law* 2018, 46:204-11

### **Textbook Chapter**

1. Record Keeping in Private Practice. Eric Drogin, James A. Armontrout. Handbook of Private Practice, Oxford University Pres, April 21, 2017.

### **Poster and other Presentations:**

1. Is there a link between ADHD and sleep disorders? A review of comorbidity at The Lynchburg Family Practice Residency. Lynchburg, VA, August 2006
2. Kayenta Quality Improvement Questionnaire. James A. Armontrout and Benjamin Kaufman. Kayenta, AZ, July 30, 2009.
3. Do Consult Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Healthcare Lawyers Differ in Opinion on Grey Area Decision Making Capacity Cases? A Vignette-Based Survey. James A Armontrout, David Gitlin, Thomas G Gutheil. Mysell Research Day Poster Session, Harvard Medical School, March 23, 2016
4. When is a smartphone a regulated medical device? Exploring the boundaries with mental health apps. James A Armontrout, John Torous, Marsha Cohen, Dale McNiel, Renee Binder. 2017 Conference of the American Academy of Psychiatry and the Law, Denver, CO.
5. Complex Decisional Capacity Assessments: From Disposition, to Organ Donation, and Death. Vivek Datta, James Bourgeois, Lawrence Kplan, Panid Sarifnia, James Armontrout. 2019 Conference of the American Psychiatric Association, San Francisco, CA, May 21, 2019.

### **Other Professional Publications:**

1. Government Management of Accompanied Minors Held in the Custody of Immigration Authorities. James A. Armontrout and John R. Chamberlain. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 269-271