

# CHARLES E. SALDANHA, MD

Associate Clinical Professor - Volunteer, University of California, San Francisco

## **EDUCATION**

2004-2005

### **Yale University School of Medicine**

#### **Department of Psychiatry**

##### Fellowship in Forensic Psychiatry

During the fellowship year, I worked in a variety of settings where law and mental health intersect. I performed forensic evaluations of persons involved in both civil and criminal matters as part of the Law and Psychiatry program at Connecticut Mental Health Center. I treated and evaluated patients at Connecticut Valley Hospital and performed evaluations through the New Haven Office of Court Evaluations. I also consulted to the Federal Public Defender's office and participated in an immigration law clinic at Yale Law School. The fellowship also included didactic experiences covering landmark cases in mental health law, research in forensic psychiatry, and the treatment of persons in mandated treatment and the criminal justice system.

2001-2004

### **University of California, San Francisco**

#### **Langley Porter Psychiatric Institute**

Residency in General Adult Psychiatry. Completed, June 2004.

Rotations included experiences in inpatient and outpatient psychiatry including time spent at San Francisco General Hospital, Langley Porter Psychiatric Institute (LPPI), and the San Francisco Veterans Administration Medical Center. Over the course of my training, I sought clinical experiences and supervision geared to developing my interests in forensic psychiatry, acute services, and cultural psychiatry. During my fourth year, I spent one month with the Psychiatry and the Law program at LPPI and pursued electives in substance abuse, behavioral neurology, and couples therapy. My primary responsibility was as the Senior Resident on the Langley Porter Adult Inpatient Service. In this capacity, I was a junior attending for inpatients and treated patients with electroconvulsive therapy. In conjunction with my work on the inpatient service, I undertook a research project on civil commitment. I also supervised residents and medical students through daily rounds, clinical work, a weekly seminar, and informal supervision.

2000-2001 **Brigham and Women's Hospital/Harvard Medical School**  
Internship, Department of Medicine, June 2001

1996-2000 **Duke University School of Medicine**  
Doctor of Medicine, May 2000

1992-1996 **Emory University**  
B.A., Economics, May 1996

### ***WORK EXPERIENCE***

2005-present **Forensic Psychiatric Associates**  
Independent Contractor 2005-2019  
Assistant Medical Director 2020-present  
I perform forensic psychiatric evaluations in civil and criminal legal matter and provide consultation to attorneys regarding issues at the interface of law and psychiatry. As Assistant Medical Director, I have been involved in leading and developing a group practice in forensic psychiatry and psychology.

2023-present **Wellpath- Recovery Solutions**  
Psychiatrist- Early Access and Stabilization Services  
I provide psychiatric services as part of a multidisciplinary team serving individuals found incompetent to stand trial as part of a collaboration with the California Department of State Hospitals intended to minimize delays in treatment.

2018-present **Mammoth Hospital**  
I collaborate with the behavioral health team to provide psychiatric consultation for adolescent and adult patients with behavioral health conditions at a critical access hospital in the Eastern Sierra Nevada.

2018-2022 **Villa Fairmont Mental Health Rehabilitation Center**  
Medical Director  
As physician leader of a subacute residential program serving patients with serious behavioral health issues, I provided supervision and consultation to a team of physicians caring for persons with serious mental illness and complex psychosocial needs. As part of a multidisciplinary clinical leadership team, I guided program development, process improvement, and staff education initiatives. I oversaw provider contracts, utilization management, and quality assurance activities and participated

in credentialing and peer review processes for physician staff. My role included developing collaborative relationships with other community providers to increase coordination and quality of services.

2015-2022

**Telecare Gladman Mental Health Rehabilitation Center**

I provided clinical care as part of a multidisciplinary team to patients with serious mental illness receiving services in a residential treatment setting. Goals of treatment included promoting recovery and working toward community reintegration.

2021

**Gray Haven**

Psychiatrist

Provided psychiatric care to residents of a program aimed at helping individuals reintegrate into the community after criminal justice involvement.

2007-2022

**Traditions Behavioral Health**

Chief Medical Officer (2009-2010)

Medical leadership role with responsibility for quality, recruitment, and retention of physicians for one of the largest providers of psychiatric services in outpatient and inpatient facilities in California.

Medical Director (2007-2022)

I have directed several clinical sites (Alameda Health System, Contra Costa Regional Medical Center, Villa Fairmont) including recruitment and supervision of psychiatrists and interfacing with hospital leadership. I provide support with recruitment and project design.

Chair, Physician Advisory Council (2020-2021)

Chair of a group of active medical staff charged with supplying guidance of issues including practice culture, clinical quality, change management, innovation and organizational strategy.

2016-2019

**Alameda Health System- John George Psychiatric Hospital**

Attending Psychiatrist: January 2018-December 2019

Interim Chair of Psychiatry: November 2016-December 2017

Served as physician leader for the Department of Psychiatry and behavioral health services for a safety-net integrated health system.

Oversaw services including inpatient psychiatry, psychiatric emergency services, hospital and ambulatory consultation liaison psychiatry, partial hospitalization and outpatient programs, and substance use disorder

treatment services. Provided training, supervision, and consultation to providers serving a diverse population of patients with a wide range of behavioral health issues. Integrated services with other clinical departments across several clinical sites including a free-standing psychiatric hospital, acute care hospitals, a rehabilitation hospital, and four community clinics. As part of the clinical leadership team, design and implement process improvements to enhance care and operations. In collaboration with community providers, developed and coordinated services to maximize continuity and quality of care. Led physician recruitment, participated in peer review process, directed quality improvement initiatives, and participated in regulatory compliance.

Lead Psychiatrist, Inpatient Psychiatry: May 2016-November 2016  
Physician leader for the 69-bed inpatient service with additional role of improving performance of Psychiatric Emergency Services.

2007-2016

**Contra Costa Regional Medical Center and Health Centers**

Chief Psychiatrist- Emergency, Inpatient and Detention Psychiatry (2007-2014)

Provided clinical care and supervised medical staff in the acute psychiatric services (Emergency and Inpatient Psychiatry) at a public general hospital serving a county of over one million residents. Administrative functions included training and supervision of psychiatrists in emergency, inpatient and jail settings, development of programs, policies and practices as part of an interdisciplinary administrative team, collaborating with community stakeholders and providers, participating in hospital and clinics operations and representing the Department of Psychiatry at interdepartmental meetings.

Staff Psychiatrist (2014-2016)

Provided clinical care on the Psychiatric Emergency Service, Wellness Center and Inpatient Psychiatric Service. Led multidisciplinary clinical teams in providing care to a socioeconomically and culturally diverse patient population.

2015-2016

**Marin County Mental Health and Substance Use Services**

Medical Director

Physician leader of county behavioral health services including adult and children's outpatient clinics, three Full Service Partnerships (intensive mental health services), Psychiatric Emergency Services, and jail mental health. As a member of Marin County Health and Human Services

Executive Team, involved in strategic planning and policy development. Functions included recruitment, organization, and supervision of a team of psychiatrists and nurse practitioners including providing clinical consultation and ongoing education. Developed and implemented changes to clinical and administrative operations. Oversaw quality and utilization of contract services including substance use disorder programs, acute inpatient, crisis residential, and long-term subacute residential settings. Engaged with community members and providers in order to promote collaborative, integrated care.

2014-2015

**Caminar Solano Full-Service Partnership**

Served as a psychiatrist with a Mental Health Services Act funded intensive case management program that provides services in Solano County to highly vulnerable persons with mental health needs. The patient population included a geriatric psychiatry service and a program serving persons with severe mental health conditions, substance use disorders and complex psychosocial needs.

2005-2009

**Alameda County Medical Center, John George Psychiatric Pavilion-  
Psychiatric Emergency Services**

Attending Psychiatrist

Directed an integrated team of mental health professionals in providing care to patients of a wide range of ages, diagnoses, and backgrounds. Treatment focused on the assessment of crises and facilitating their resolution through appropriate management and disposition. Provided services from July 2005 to July 2007 as a full-time psychiatrist and from 2007 to 2009 on a services as needed basis.

2003-2004

**Alameda County Medical Center, John George Psychiatric Pavilion-  
Psychiatric Emergency Services**

Services as Needed Physician

***PROFESSIONAL LICENSES AND BOARD CERTIFICATION***

2005-present

**Diplomate in Psychiatry.** American Board of Psychiatry and Neurology

2007-present

**Added Qualifications in Forensic Psychiatry.** American Board of Psychiatry and Neurology

2004-2005

**Connecticut Medical License.** #042180. Expired 3/31/2005

2002-present            **California Medical License.** #A79250

2023-present            **New York Medical License.** #324750

2002-present            **DEA License**

### ***HONORS AND AWARDS***

#### **University of California, San Francisco**

June 2004                **Henry F. Albronda Award**  
Given to a graduating resident who demonstrates “exceptional psychotherapeutic skill and unusual concern for the welfare of patients.”

#### **Duke University**

May 2000                **Ideal Physician Award**  
Chosen as the graduating student in the Duke University School of Medicine Class of 2000 who best embodies the qualities of the ideal physician.

May 2000                **Student Speaker**  
Hippocratic Oath Ceremony, Duke University School of Medicine

1999-2000                **Senior Scholarship**

1999                      **Alpha Omega Alpha**  
Medical Honor Society, elected during Junior Year

#### **Howard Hughes Medical Student Fellowship**

1997                      **Markee Award**  
For highest grade in gross anatomy

## Emory University

**Woodruff Scholar**, full academic scholarship

- 1996                    **High Academic Achievement Award** (2<sup>nd</sup> highest GPA in graduating class of 1996)
- 1996                    **Outstanding Graduating Student**, Department of Economics
- 1995                    **Mortar Board**
- 1995                    **German Honor Society**
- 1995                    **Economics Honor Society**
- 1995                    **Multicultural Center Overall Excellence Award**
- 1994                    **Phi Beta Kappa**, elected fall of junior year

## ***PROFESSIONAL ORGANIZATION MEMBERSHIPS***

- 2002-present            American Psychiatric Association
- 2002-present            Northern California Psychiatric Society
- 2002-present            American Academy of Psychiatry and the Law

## ***SERVICE TO PROFESSIONAL ORGANIZATIONS***

### **Northern California Psychiatric Society**

- 2003-2004              **Resident Councilor**  
Elected to represent members-in-training in the local district branch of the APA. Responsibilities included program planning, participation in lobbying efforts, writing a column for the bimonthly newsletter, and representing the interests of residents in council meetings.

### **American Academy of Psychiatry and the Law**

- 2019-present            **Technology Committee**  
Participant in committee focused on the interface of technology with forensic psychiatric practice. The committee presents on topics in this area at the annual meeting.

- 2005-2007      **Chair, Early Career Development Committee**  
Directed national committee of AAPL members charged with addressing needs of early career members of the organization. Responsible for coordinating semiannual committee meetings, annual breakfast and scientific program submissions, and completing newsletter submissions.
- 2002-2012      **Early Career Development Committee**  
Involved in promoting the interests and career development of resident, fellow, and early career members of the organization. Helped organize panel discussions for 2003 and 2004 annual meetings.
- 2003-2010      **International Relations Committee**  
Participated in encouraging contact and dialogue with forensic psychiatrists from other nations.

### ***TEACHING EXPERIENCE***

- 2005-present      Volunteer teaching in the University of California, San Francisco Program in Psychiatry and the Law. Conducted a seminar from 2005-2015 in landmark cases in mental health law for forensic psychiatric fellows. The landmark cases are a cornerstone of the curriculum for the ACGME approved fellowship program. Continue to provide teaching and participate in the landmark case seminar.
- 2022-present      Volunteer teaching in the Stanford University School of Medicine fellowship in Forensic Psychiatry.
- 2023-present      Participant in the Training Committee for EASS/JBCT. Conducted training on the Mental Status Examination for clinicians and nurses
- 2018-2022      Develop and present educational presentations for staff at Villa Fairmont co-facilitate a weekly multidisciplinary consultation group.
- 2018-2022      Provide educational presentations to the primary care and behavioral health teams at Mammoth Hospital.
- 2016-2017      Provide education on clinical topics to staff in the Department of Psychiatry for Alameda Health System.



- 2015-2016 Organize and deliver educational presentations to staff members and trainees with Marin County Mental Health and Substance Use Services. Provide training to Sheriff's deputies on suicide prevention.
- 2008-2014 Taught family practice residents during their behavioral health module at Contra Costa Regional Medical Center. As chief psychiatrist, conducted educational series and weekly case conferences, and participated in training of law enforcement.
- 2005-2007 Taught and supervised residents in internal medicine during their rotation through Psychiatric Emergency Services at Alameda County Medical Center
- 2004-2005 Supervised psychiatry residents in the performance of competency to stand trial evaluations, coordinated didactic sessions for residents and co-fellows.
- 2001-2004 Provided teaching and supervision for medical students rotating through core clerkships and sub-internships in inpatient and outpatient psychiatry. Responsibilities included helping students learn mental status examination, interviewing skills, differential diagnosis, and treatment planning. Consistently received excellent reviews from standardized feedback program at UCSF.
- 2000-2001 Taught medical students and sub-interns history taking, physical exam skills, laboratory diagnosis, differential diagnosis, treatment planning, and procedures.

### ***RESEARCH***

- 2003-2005 Resident in Psychiatry- Langley Porter Psychiatric Institute  
Co-investigators Dale McNeil, Ph.D. and Christopher Weaver, Ph.D.  
Project Title: Correlates of outcome in certification review hearings.  
Planned, organized and carried out a retrospective chart review study examining the relationship of clinical, demographic, and diagnostic variables to outcome of certification review hearings.

1998-1999 Medical Student Fellow- Division of Infectious Diseases, Department of Medicine, University of Pennsylvania. Mentor: Harvey Friedman, M.D., Chief, Division of Infectious Diseases.  
Project Title: Linker insertion mutants of HSV-1 gE involved in immune evasion.

Developed and managed a project that involved designing and carrying out experiments using techniques of molecular biology and biochemistry. Carried out data analysis and interpretation, produced oral and visual presentations and a written publication.

### ***PUBLICATIONS***

August 2000 Saldanha, C, J Lubinski, C Martin, L Wang, Nagashunmugam, T, R Tal-Singer, H Van der Keel and H Friedman. Herpes simplex virus type 1 glycoprotein E domains involved in virus spread and disease. *Journal of Virology*. 2000 Aug;74(15):6712-9.

March 2005 Saldanha, C. *Daubert* and antidepressant induced suicide. *Journal of the American Academy of Psychiatry and the Law*. 2005 33:1:123-125

April 2008 Saldanha, C. Cultural Issues. For: *Emergency Psychiatry: Principles and Practice*. Glick, R et al. (Eds.) Lippincott, Williams & Wilkins.

April 2008 Saldanha, C. Legal Issues. For: *Emergency Psychiatry: Principles and Practice*. Glick, R et al. (Eds.) Lippincott, Williams & Wilkins.

### ***PRESENTATIONS***

November 2023 Saldanha, C “Painting a Picture: The Power of the Mental Status Exam” Presented as part of the monthly training series for Recovery Solutions.

May 2019 Saldanha, C. “Addressing Social Determinants of Mental Health: The Role of Subacute Settings.” Presented at Department of Psychiatry Grand Rounds, Alameda Health System.

May 2019 Shim, R, M Curran, G Singleton, J Tsai, C Saldanha. “Patient-Centered Lawyers’ as an Innovation to Promote Health Equity: Making the Case for

Medical-Legal Partnership in Behavioral Health Settings.” Presented at the American Psychiatric Association Annual Meeting.

- February 2015 Saldanha, C, Shah, A. “Making Mental Health Care Safer in Hospital Settings- Ensuring Staff Preparedness.” Institute for Healthcare Improvement Expedition for Hospitals.
- January 2015 Saldanha, C, H Conroe, R Roberts, N Blohm. “Mental Disorders, Substance Abuse and Other Limited Conditions - Talking the Challenges of Handling Mental/Nervous Claims and Establishing Objective Proof of “Non-Visible” Conditions. 17th National Advanced Forum on Litigating Disability Insurance Claims.
- December 2014 Pasquini, T, C Saldanha. “Making Mental Health Care Safer in Hospital Settings- Partnering with Patients and Families.” Institute for Healthcare Improvement Expedition for Hospitals.
- April 2014 Saldanha, C, D Sibley, T Pasquini. “Improving Quality of Hospital Based Psychiatric Services through Partnerships with Community Stakeholders” Presented at Institute for Patient and Family Centered Care Seminar.
- August 2013 Saldanha, C. “Assessment and Management of Violence Risk” Presented at Osteopathic Physicians and Surgeons of California Fall Conference.
- February 2013 Saldanha, C, T Pasquini. “Building Partnerships with Patients, Families and Community Partners in Behavioral Health.” Presented at University of Michigan Department of Psychiatry Grand Rounds
- June 2012 Saldanha, C, T Pasquini. “Improving Quality of Hospital Based Psychiatric Services at Contra Costa Regional Medical Center through Partnership with Patients and Families.” Presented at 5<sup>th</sup> International Conference on Patient and Family Centered Care.
- May 2012 Saldanha, C “Engaging Stakeholders in Quality Improvement for Psychiatric Services.” Presented at Alameda County Medical Center Department of Psychiatry Grand Rounds.
- May 2012 Saldanha, C; T Pasquini. “Improving Quality of Hospital Based Psychiatric Services at Contra Costa Regional Medical Center through Partnership with Patients and Families.” Presented at Cynosure Health Summit.

- December 2011 Roth, A; T Pasquini, C Saldanha. “Engaging Stakeholders to Improve Psychiatric Care” Presented workshop at Institute for Healthcare Improvement 23<sup>rd</sup> Annual National Forum on Quality Improvement in Health Care.
- October 2011 Saldanha, C; A Roth, T Pasquini, D Kahler, B Crawford, J Kelley. “Improving Quality of Hospital Based Psychiatric Services through Partnership with Community Stakeholders.” Prepared presentation for American Psychiatric Association Institute on Psychiatric Services.
- October 2007 Saldanha, C; A Mack, A Kuroski-Mazzei, A Goldyne, T Gutheil. “Early Career Forensic Psychiatrists- What are They Doing?” Organized and was member of a panel discussion at the Annual Meeting of the American Academy of Psychiatry and the Law.
- October 2005 Saldanha, C; M Baranoski, J Young, and A Hegarty. “Forensic Psychotherapy: Challenges and Controversies.” Workshop presentation at the Annual Meeting of the American Academy of Psychiatry and the Law.
- October 2005 “Pearls and Pitfalls: Getting Started” Organized and moderated a panel discussion at the Annual Meeting of the American Academy of Psychiatry and the Law.
- October 2004 Saldanha, C; D McNeil, and C Weaver. “Predictors of decision in civil commitment hearings” presentation of research in progress at the Annual Meeting of the American Academy of Psychiatry and the Law.
- October 2003 “Enhancing the practice of Forensic Psychiatry- Finding a Mentor” Served as moderator of panel discussion at the Annual Meeting of the American Academy of Psychiatry and the Law.
- July 1999 Saldanha, C, J Lubinski, C Martin, L Wang, Nagashunmugam, T, R Tal-Singer, H Van der Keel and H Friedman. “An HSV-1 glycoprotein E mutant impaired for FcR and cell-to-cell spread”- poster presentation at 24<sup>th</sup> International Herpesvirus Workshop, Cambridge MA.
- May 1999 Saldanha, C, J Lubinski, C Martin, L Wang, T Nagashunmugam, R Tal-Singer, H Van der Keel and

H Friedman. “FcR and cell-to-cell spread phenotypes of three linker insertion mutants of HSV-1 glycoprotein E”- Presentation at Howard Hughes Medical Institute Medical Student Fellows Meeting, Chevy Chase MD.

March 1999 Saldanha, C, J Lubinski, C Martin, L Wang, Nagashunmugam, T, R Tal-Singer, H Van der Keel and H Friedman. “Three linker insertion mutants of HSV-1 glycoprotein E”- Poster presentation at University of Pennsylvania Cancer Center Symposium, Philadelphia, PA.

### ***UNIVERSITY SERVICE***

#### **University of California, San Francisco**

2003-2004 Rubber Meets the Road (Curriculum Reform) Committee  
2003-2004 Adult Psychiatry Clinic Committee  
2003-2004 Professionalism Committee  
2002-2004 Residency Selection Committee  
2002-2004 Gala Committee  
2002-2004 Retreat Committee  
2001-2004 Residents Association  
2001-2004 Minority Residents Association

#### **Duke University**

1997, 2000 Student Faculty Show  
1999 University of Pennsylvania Choral Society and Concert Choir  
1997-1998 Medical Center Library Advisory Committee  
Arrhythmias- medical student a cappella group  
1996-1998 Davison Council (Medical School Government) Representative  
1997 Migrant Outreach Volunteer, Tri-County Community Health Center  
1997 CHART, elementary school volunteer program

### ***REFERENCES***

Provided upon request