

## **SUMEDHA PURKAYASTHA, MBBS**

Forest Hills, NY-11375, USA



### **EMPLOYMENT**

**Inpatient Psychiatrist (Elmhurst Hospital Center, NY)      May 2025-Present**

Providing psychiatric care to patients in an inpatient psychiatric facility at Elmhurst Hospital Center, NY. Supervising a team of nurse practitioners and clinicians. Also conducting CPL 730 (Competence to Stand Trial) assessments for the restoration unit.

**Forensic Psychiatrist (FPAMED, CA)      March 2025-Present**

Consulting forensic psychiatrist providing expert witness services with Forensic Psychiatric Associates, LP

**Independent Forensic Psychiatrist (CPCS, MA)      November 2024-Present**

Expert witness as a forensic psychiatrist for commitment hearings at Worcester Mental Health Court

**Psychiatrist (The Ross Center, NY)      July 2024-Present**

Providing psychiatric care in an outpatient setting to children, adolescents and adults. Managing care and liaising with other providers to ensure comprehensive evaluation and treatment.

**Per-Diem Psychiatrist (Samaritan Hospital, NY)      February -December 2025**

Providing telepsychiatry services to patients in the emergency unit as well as inpatient facility at Samaritan Hospital, Watertown, NY.

**Supervising Psychiatrist (Riker's Island NY)      August 2024-April 2025**

Providing psychiatric care to patients in a correctional setting. Supervising a team of psychiatrists, nurse practitioners and physician assistants. Education and supervision of medical students and residents/fellows.

**Psychiatrist (Bridgewater State Hospital, MA)      November 2023-June 2024**

Providing on call coverage on evenings and weekends. Taking care of new admission evaluations, crises on the unit and medication management and follow up of patients in a correctional setting.

## **EDUCATION**

### **07/2023-06/2024**

Harvard University (MGH/Brigham Hospital)  
• Forensic Psychiatry Fellowship

### **07/2021-06/2023**

Tulane University School of Medicine  
• Child and Adolescent Psychiatry Fellowship

### **07/2018- 06/2021**

Icahn School of Medicine at Mount Sinai  
(Elmhurst Hospital Center)  
• General Psychiatry Residency

### **08/2008- 12/2013**

Lady Hardinge Medical College, New Delhi, India  
• MBBS (Medical School)

## **ACADEMIC ACTIVITIES**

### **2025**

- Teach the Landmark Series class for the Massachusetts General/Brigham Hospital Forensic Psychiatry Fellowship Program
- Provide lectures to Child and Adolescent Fellows at Elmhurst Hospital Center

### **2024**

- Teach the Landmark Series class for the Massachusetts General/Brigham Hospital Forensic Psychiatry Fellowship Program
- Presented at AAPL (American Academy of Psychiatry and Law) in October 2024 with Matthew P. Lahaie, MD, JD, Chris Myers, MD, Kyle Walker, MD (MGH)
- Presented at IALMH (International Academy of Law and Mental Health) at Barcelona in July 2024 with Jhilam Biswas, MD (Brigham), Eric Drogin, Ph.D. (Brigham), Sejal B. Shah, MD (Brigham)
- Reviewer for International Journal of Law and Psychiatry

### **2023**

- Presented Case Report Poster at APA Annual Conference 2023 on “Dopamine Hypothesis: Manic/psychotic symptoms in refeeding phase of Anorexia Nervosa”, under guidance of Brittnie Fowler, MD (Tulane)

### **2022**

- Presented at panel for AAPL 2022 on “Deprescribing in Juvenile system” under aegis of Loretta Sonnier, MD (Tulane)

### **2021**

- Joined ongoing work for proposed JAACAP Covidence Scoping Review of Effects of Social Media on Mental Health of Children and Adolescents under aegis of Pamela Hoffman, MD (Yale), Donald Hilty, MD (UC Davis), Myo Myint , MD(Tulane), Dorothy Stubbe, MD (Yale) et al

## **2020**

- Took part in Virtual Human Interaction Study undertaken by Igor Galynker, MD, PhD, at Mount Sinai Beth Israel
- Participated in Mount Sinai Global Mental Health Program headed by Craig Katz, MD
- Contributed to MINDS Program in Gujarat, India, funded by Mount Sinai, under aegis of Raghu Appasani, MD

## **2019**

- Enrolled in William Alanson White's Child And Adolescent Psychotherapy Program (CAPTP): What Really Works

## **LICENSING**

- New York Medical License #327931 (Exp 01/31/2027)
- Massachusetts Medical License #1012954 (Exp 04/03/2026)
- Louisiana Medical License #327369 (Exp 04/03/2026)
- New Jersey Medical License #25MA12944500 (Exp 06/30/2027)
- ABPN Certification in General Psychiatry (09/12/2022)
- ABPN Certification in Child and Adolescent Psychiatry (09/12/2024)
- ABPN Certification in Forensic Psychiatry (10/18/2025)
- CSR Massachusetts License #MCS011182A (Exp 01/27/2026)
- DEA License #FP0545307 (Exp 03/31/2027)
- ACLS certified till 07/18/2025
- FCVS Certified
- MBBS (University of Delhi, May 30, 2015)
- Member of American Association of Psychiatry and the Law (AAPL)
- Member of American Psychiatry Association (APA)

## **POSITIONS**

- **Chief Fellow in year 2022-2023**
- Prior member of Tulane Residents Fellows Committee for year 2021-2022
- Elected Delegate of Committee of Interns and Residents for year 2020-2021
- Member of Elmhurst Psychiatry Wellness Society from year 2018-2021
- Class Representative for Batch of 2008-2014 in Medical School
- Literature Secretary of Student Union in Medical School

## **WORK EXPERIENCE**

**2017-2018** Research in Department of Psychiatry, All India Institute of Medical Sciences, New Delhi (Publications listed below)

**2017** Observership at Massachusetts General Hospital Bone Marrow Transplant Unit and ECT Unit

**2016** Observership at Columbia University Neurology, New York

**2016** Observership at Washington Heights Community Services, and OnTrackNY, a program of New York State Psychiatric Institute

**2015** Pulmonary ICU at Safdarjung VMMC Hospital, New Delhi as Junior Resident

**2014-2015** Anesthesia Department at Safdarjung Hospital, New Delhi as Junior Resident

**2014** Voluntary Work in Ophthalmology Department, Medanta Medicity Hospital, Gurgaon working in Eye Camp

### **PUBLICATIONS**

1. Pathways to Care for Bipolar-1 Disorder: An Exploratory Study from a Tertiary Care Centre of North India

[https://journals.sagepub.com/doi/abs/10.4103/IJPSYM.IJPSYM\\_201\\_18](https://journals.sagepub.com/doi/abs/10.4103/IJPSYM.IJPSYM_201_18)

2. Use of Stimulants in Patients with Psychosis Having Past History of or Co-morbid ADHD: Is It Safe?

[https://journals.sagepub.com/doi/abs/10.4103/IJPSYM.IJPSYM\\_262\\_18](https://journals.sagepub.com/doi/abs/10.4103/IJPSYM.IJPSYM_262_18)

### **LANGUAGES**

- Fluent/Functionally Native in English
- Native speaker in Hindi and Bengali
- Conversational in basic Spanish