

Takeo Toyoshima, MD

San Francisco, CA

Education and Training

- 2019-2020** UCSF Forensic Psychiatry Fellowship, San Francisco, CA
- 2018-2019** UCSF Addiction Psychiatry Fellowship, San Francisco, CA
- 2014-2018** UCSF Adult Psychiatry Residency Training Program, San Francisco, CA
- 2010-2014** David Geffen School of Medicine at UCLA Los Angeles, CA Doctor of Medicine
- 2004-2008** Yale University, New Haven, CT
B.S. in Biomedical Engineering, with Distinction in the Major

Work Experience

- 2020-present** General and Addiction Staff Psychiatrist, San Francisco VA Medical Center
Treat veterans for psychiatric and substance use disorders in the General Psychiatry Outpatient Service and the Drug and Alcohol Treatment Clinic, working with therapists, nurses, social workers, and other non-physician team members to provide collaborative and multidisciplinary care. Supervise medical students, residents, fellows, and non-physician trainees in the provision of patient care. Teach and mentor trainees in formal and informal didactic settings including lectures and case conferences.
- 2020-present** Forensic Psychiatrist, Forensic Psychiatric Associates Medical Corporation
Conduct forensic psychiatric examinations and provide verbal and written expert witness testimony.
- 2018-present** Private Practice General, Addiction, and Forensic Psychiatrist
Provide psychiatric and addiction-related medication management and psychotherapy for mental health and substance use disorders, with an additional area of focus of Japanese and Asian-American patients. Conduct forensic examinations for the courts and attorneys including verbal and written expert witness testimony.
- 2015-present** Outpatient, Inpatient and Emergency Psychiatrist
Evaluate, diagnose and treat psychiatrically hospitalized patients in various outpatient, inpatient and emergency settings. Medical privileges at Alta Bates Summit Medical Center, Berkeley, CA; San Francisco Veterans Affairs Hospital, San Francisco, CA; SF General Hospital and San Francisco County Jail through UCSF. Prior work at UCSF/Langley Porter, San Francisco, CA; Kaiser Permanente, San Francisco, CA; Marin County Jail, San Rafael, CA; and San Quentin State Prison, San Quentin, CA.
- 2008-2010** Post-Graduate Research Associate, Nitabach Lab, Yale School of Medicine
Researched novel neurotoxins to better understand neuronal control of sleep behaviors using the circadian circuitry of *Drosophila melanogaster* as a model system

Licensure and Certifications

- 2018-present** Board Certified in Psychiatry, American Board of Psychiatry and Neurology
- 2016-present** DATA 2000 Buprenorphine Waiver (100 patients), Drug Enforcement Administration
- 2015-present** Active California Medical License
- 2015-present** Active Drug Enforcement Administration License

Professional and Leadership Activities

- 2020-present Chair, 2021 Annual Conference, California Society of Addiction Medicine
- 2020-present Member, Government Affairs Committee, Northern California Psychiatric Society
- 2020-present Area IV Co-director, American Academy of Addiction Psychiatry
Serve as co-director representing AAAP members in California, Alaska, and Hawaii
- 2019-present Member, Committees on Addiction, Government Policy, Early Career, American Academy of Psychiatry and the Law
- 2019-2020 Board Member, 2020 Annual Conference Planning Committee, California Society of Addiction Medicine
- 2019-2020 Patient Safety Committee and Rapid Response Committee, UCSF
Conduct morbidity and mortality and rapid response case conferences for past and ongoing psychiatry cases
- 2019 American Psychiatric Association Position Statement: Civil Commitment for Adults with Substance Use Disorders
Reviewed and provided feedback for American Psychiatric Association position statement
- 2019 American Psychiatric Association Position Statement: Pharmaceutical Marketing to Justice Entities regarding Medication Treatment for Substance Use Disorders
Reviewed and provided feedback for American Psychiatric Association position statement
- 2019 Citywide Alcohol Use Disorder with Severe Mental Illness Treatment Protocol
Quality improvement project based on San Mateo County's MAT-ICM program, implementing regular MAT for alcohol use disorder within UCSF-SF DPH's Citywide Intensive Case Management program
- 2018-2019 Board Member, 2019 Annual Conference Planning Committee, California Society of Addiction Medicine
- 2018-2019 Member, Risk Management Committee, UCSF
One of two fellow members to review policies and medical-legal cases including malpractice claims
- 2018 San Francisco Veterans Affairs Mental Health Services Map
Created organizational chart detailing all mental health services, for purposes of trainee orientation, to better understand available resources, and develop treatment plans; protocols in place for keeping this a live document
- 2017-2018 Chief Resident, Emergency, Inpatient, and Consult-Liaison Services, UCSF
Oriented and mentored residents, actively soliciting feedback to improve patient care and resident experience
Additional committees: Clinical Rotations Committee, Didactic Curriculum Committee, Program Evaluation Committee, Resident Selection Committee
- 2018-2019 Founder, Finance Interest Group, UCSF
Started and co-leading an interest group focused on addressing financial health and increasing financial literacy
- 2016-2018 Co-leader, Addiction Resident Interest Group, UCSF
Planned educational and networking events to help residents explore fields and careers in Addiction Psychiatry
- 2016-present Member, NichiBei Care
Plan community outreach events and educational talks on mental health topics targeting the Japanese community in the Greater Bay Area
- 2015-present Member, UCSF Japanese Medical Doctors Network
Collaborative of permanent and visiting Japanese doctors and researchers
- 2015-2018 Participant, Cultural Psychiatry Area of Distinction, UCSF
Co-planned the 2017 UCSF Cultural Psychiatry Workshop by inviting speakers and panelists, designing a workshop focused around racial bias in forensic psychiatry
- 2012 Internal Medicine Chief's Fellowship, Department of Medicine, UCLA

Conducted a retrospective chart analysis on IVIG for chronic antibody-mediated rejection of renal transplants

2011-2012 **Co-founder/Co-coordinator, Integrative Medicine Interest Group, UCLA**
Co-founded group to learn and promote Integrative Medicine, which seeks to blend the benefits of Western and Eastern/non-traditional modalities of medicine such as Tai Chi, acupuncture, Ayurvedic medicine

2011 **Programming Chair, National Student Conference on Integrative Medicine**
Planned with the UCLA Center for East-West Medicine the first national, student-organized conference focusing on Integrative Medicine, with over 200 students and faculty in attendance from across the US

Teaching

2020-present **VA Site Director, UCSF Addiction Psychiatry Fellowship**
Leadership role within Addiction Psychiatry Fellowship involving administrative and educational oversight of San Francisco VA site-based rotations and experiences for the fellows and participation on VA-wide site director meetings

2020-present **UCSF-VA Clinician-Educator**
Teach, mentor, and supervise UCSF medical students, residents, and fellows in their clinical and educational endeavors at the San Francisco VA Medical Center, UCSF's university campus, and other affiliated sites

2019-2020 **Supervising fellow, UCSF Forensic Psychiatry Fellowship**
Supervise UCSF medical students in various forensic clinical settings and provide mentorship on forensic topics

2018-2019 **Lecturer and supervising fellow, UCSF Addiction Psychiatry Fellowship**
Gave several talks to residents, medical students, and nurse practitioner residents on addiction and mental health topics; supervised UCSF, Kaiser, and San Mateo County residents and UCSF medical students in various clinical settings; organized site tours to local homeless shelters, residential treatment programs, and psychiatric respite

2017-present **Supervising psychiatrist, SF General Hospital Psychiatric Emergency Services**
Mentor medical students during their emergency psychiatry experience within their psychiatry block

2017-2018 **Organizer, Intensive Services Joint Lecture Series, UCSF**
Organized and ran a multi-site, weekly educational conference with local psychiatric experts

2017-2018 **Lecturer, Medical Student Psychiatry Clerkship Seminar, UCSF**
Taught medical students on psychiatry and addiction; received highest performance score of lecturer cohort

2017-2018 **Senior Resident, Addiction Longitudinal Clinical Experience Clinic, SFVAMC**
Supervised and mentored junior residents; organized weekly talks, near-peer teaching activities and journal clubs; and drafted new protocols and documents to smoothly run an addiction-focused clinic, while continuing to see my panel of medication management and psychotherapy cases

2016 **Senior Resident, Adult Inpatient Program, UCSF**
Functioned as junior attending, leading multidisciplinary rounds while overseeing second-year resident caseloads. Developed talks and taught residents and medical students on select psychiatry topics

2015 **Senior Resident, Acute Inpatient Unit, SF General Hospital**
As above, overseeing first-year residents and medical students

2013 **4th-year Fellow, Problem Based Learning, UCLA**
Directed a didactic group of eight second-year medical students during the Psychiatry and Neuroscience Block

2008-2009 **Japanese Language Partner, Yale Fields Language Program**
Accepted to program as a mentor; created personalized weekly lessons for advanced-level Japanese students

Presentations

- 2020 **“Starting a Private Practice”**
Invited speaker for UCSF Residency Association
- 2020 **“Cannabis and Kratom: Safe as They Say?”**
Invited Grand Rounds speaker for Marin County Behavioral Health and Recovery Services
- 2019 **“Cannabis and Cannabis Use Disorder”**
Invited speaker at San Francisco Department of Public Health’s Advanced Practice Provider Biannual Conference
- 2019 **“Addiction Epidemiology”**
Invited speaker at California Society of Addiction Medicine’s 2019 annual conference
- 2019 **“Urine Drug Screens and Interpretations”**
Talk for San Francisco VA Prescription Opioid Safety Team and Addiction Consult Team on common misunderstandings and accurate interpretation of urine drug screens
- 2019 **“Kratom: Safe as They Say? / Alcohol Use Disorder Pharmacotherapy for Harm Reduction Purposes”**
Two-part talk provided as part of UCSF/VA Psychiatry Resident Addiction Seminar
- 2019 **“Screening and Treating Substance Use Disorders in the General Medical Setting”**
Invited speaker for CME purposes at St. Rose Hospital in Hayward, CA
- 2019 **“Financial Health, Financial Literacy, and Mental Health”**
Talk provided for San Francisco VA Addiction Seminar’s attending and trainee attendees
- 2018 **“Evidence-based Medications for Substance Use Disorders: A Primer for Non-prescribers”**
Invited speaker at Citywide Intensive Case Management for case managers
- 2018 **“Suboxone, Adverse Drug Reactions, and Hypersensitivities”**
Talk provided at UCSF Addiction Medicine Buprenorphine Case Conference
- 2018 **“Financial Health, Financial Literacy, and Mental Health”**
Talk provided for Kaiser Addiction Medicine Recovery Services’ clinical staff and administrators
- 2018 **“The Importance of Mental Health as a Parent [title in Japanese]”**
Talk to educate and destigmatize mental health for local Japanese parents, as a part of a mental health awareness day through NichiBei Care and the Japanese Consulate
- 2018 **“Financial Health, Literacy, and Impact on Mental Health”**
Residency senior talk exploring the bidirectional relationship between financial health/literacy and mental health
- 2018 **“Naloxone and Naltrexone Prescribing in Same-Day Clinic and PES”**
Educational talk at the San Francisco VA on naloxone and naltrexone, current prescribing patterns in services
- 2017-2018 **Quality Improvement Project: Improving Direct Supervision and Feedback Using DI-SCOs**
Created protocols and culture for regular utilization of a standardized clinical assessment tool on UCSF’s inpatient and consult-liaison services, to improve direct attending supervision and feedback for resident education
- 2017 **“Urine Drug Screens and Interpretations”**
Educational talk at Citywide Intensive Case Management on common misunderstandings and accurate interpretation of urine drug screens
- 2015 **“The Angry Veteran: Uh Oh, Am I Safe?”**
Case conference on countertransference with hostile/threatening patients, and introduction to Veterans Treatment Court; co-presented with Dr. Jull-Patterson, PhD

Publications

- 2020 Toyoshima T, Chamberlain JR. Second and Fourth Amendment Considerations for a Warrantless Seizure and Retention of Firearms in a Mental Health Crisis. *Journal of American Academy of Psychiatry and the Law*. (In press).
- 2020 Toyoshima T, McNiel DE, Binder RL. Medications for Opioid Use Disorder in U.S. Jails and Prisons: Clinical, Ethical, and Legal Considerations under the 8th Amendment and ADA. *Journal of American Academy of Psychiatry and the Law*. (In press).
- 2013 Toyoshima T, Ramirez S (co-first authors). One psychiatrist, millions of patients: the odds against psychiatrists in low and middle-income countries. *American Journal of Psychiatry Residents' Journal*. 8 (10): 3-6. Oct 2013.

Honors and Awards

- 2018 American Society of Addiction Medicine Ruth Fox Scholarship
- 2018 American Academy of Addiction Psychiatry Regional Travel Award
- 2012-2013 Letters of Distinction in Psychiatry, Neurology, Family Medicine, and Surgery, UCLA
- 2011 Internal Medicine Chief's Fellowship, UCLA
- 2008 Distinction in the Major, Yale
- 2007 Summer Fellowship in Japan, Yale
- 2007 Richter Fellowship, Yale
- 2006 Richard U. Light Fellowship, Yale

Professional Affiliations

American Psychiatric Association
Northern California Psychiatric Society
American Society of Addiction Medicine
California Society of Addiction Medicine
American Academy of Addiction Psychiatry
American Association of Psychiatry and the Law

Languages

Native Japanese and English